BOWLING KING
第82回
BOWLING KING
保球王

SIGH, WHY DID THIS HAPPEN..?
(SFX: DONG!)
(SFX: DONG!)
APPARENTLY HE COMMITTED SUICIDE BY JUMPING INTO A RIVER.
HE WAS STILL SO YOUNG... WHY DID HE DO IT..?
LET'S MAKE THIS QUICK! I'VE GOT TO GET TO A FACIAL THIS AFTERNOON!
HEY, BIG BROTHER! DON'T TAKE YOUR TIME WALKING!

COMING TO A FUNERAL DRESSED LIKE YOU'RE GOING TO A PARTY, ARE YOU OUT OF YOUR MIND?
YEN N! DO YOU REALLY KNOW WHAT WE CAME HERE FOR TODAY?
SINCE YOU'RE HERE, AT LEAST PRETEND TO BE A BIT SAD!
I COULDN'T HELP IT! ALL THE BLACK DRESSES IN MY CLOSET ARE VERY FANCY...
IT'S BECAUSE OF YOU THAT THE SON OF DAD'S COMPANY'S MANAGER COMMITTED SUICIDE!
I'VE ALREADY PICKED THE MOST CONSERVATIVE OF THE LOT TO WEAR TODAY! YOU CAN'T BLAME ME FOR HAVING A GORGEOUS FACE AND A GREAT BODY!
LOOKS LIKE EVERYONE KNOWS THAT, AND THEY'RE ALL LOOKING AT YOU WITH HATE-FILLED EYES, HOPING YOU'LL END UP IN HELL!
WE NEVER EVEN HELD HANDS... YET HE DARED TO PROPOSE TO ME! I CALLED HIM A NUTCASE AND HUNG UP ON HIM!
WHAT DOES HIS DEATH HAVE TO DO WITH ME!?

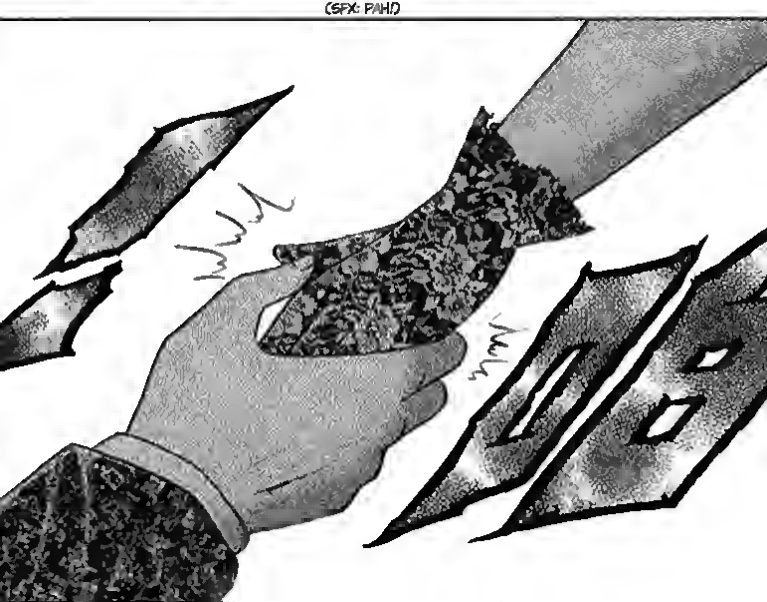
FROM THE WAY HE CHOSE TO DIE, YOU CAN SEE HOW BORING AND STALE HIS PERSONALITY WAS!
COMMITTING SUICIDE BY JUMPING INTO A RIVER? COULDN'T THAT PIG-BRAIN OF HIS THINK OF A FLASHIER WAY TO TAKE HIS OWN LIFE?
WOULD YOU LIKE TO GO TO LUNCH WITH ME?
AND THE NEXT DAY HE COMMITTED SUICIDE! HE'S THE ONE WHO WAS REACHING OUT OF HIS LEAGUE AND COULDN'T SEE THE REALITY! I HAD DECLINED HIS INVITATION TO DATES COUNTLESS TIMES BEFORE!
YOU WANT TO GO OUT WITH ME LOOKING LIKE THAT? NOT A CHANCE!
MISS NI...
.....
SNIFF... TZIAHONG'S WILL STATED THAT... HE HOPED YOU WOULD GO TO HIS FUNERAL...
GOODAMN! THAT'S SOME FINE ACTING SKILLS!
.....
I TALKED TO HIM ONLY A FEW DAYS AGO ON THE PHONE... HE SOUNDED FINE!
OH... AUNT CHANG... HOW COULD THIS HAVE HAPPENED... *SOB*...

AND LATELY HIS CAREER WASN'T GOING SO WELL, AND HE GOT TRANSFERRED... SO... HE... MISS YEN NI!
SUCH A SILLY CHILD! TOO OBSESSED WITH LOVE... I TOLD HIM NOT TO DREAM OF MARRYING INTO THE NI FAMILY, BUT HE WOULDN'T LISTEN!
UGH- HUH.
DAMN... MY MASCARA IS ALL RUINED BY MY TEARS... IT'S GOING TO LOOK UGLY...
TZIAHONG SAID HE HOPED YOU WOULD BE THE FIRST ONE TO SEE HIS FACE AT THE MEMORIAL SERVICE! PLEASE COME WITH ME!
I DIDN'T REJECT YOU ON PURPOSE... IT'S JUST A GIRL'S...
WOO... TZIAHONG... WHY...?
WHY DID YOU LEAVE ME...? WHY...?
.....
(SFX: KAH!)
SO SCARY...

AUNTY! I KNOW THIS SOUNDS STRANGE, BUT...
THE PERSON IN THE COFFIN DOESN'T LOOK LIKE TZIAHONG ..!
PROPRIETY ...
EH..
MUST BE BECAUSE OF THE SOAKING IN THE RIVER!
THE BODY BECOMES VERY BLOATED!

BUT GOT KNOCKED OUT, PRESUMED TO BE A DEAD AND HAD MAKE-UP PUT ON HIM --- HE IS JINGHEN SHI!
TRUTH IS, HE'S THE PERSON WHO FOLLOWED SHAUTEH AND THE MARLKO SISTERS TO THE FUNERAL PARLOR...
REALLY ...?
BUT HE DOESN'T LOOK BLOATED AT ALL...
HUH...?
.....

(SFX: PAH)



MISS TZ'IHUN, MY DREAMS HAVE FINALLY COME TRUE, I'VE TASTED YOUR LIPS!
YOU'VE NO IDEA... HOW MUCH I LIKE YOU...
EH? YOU'RE NOT MISS TZ'IHUN LIN!
WHO ARE YOU? WHERE IS THIS PLACE?
WHY ARE THERE SO MANY PEOPLE...?

AH!
THE CORPSE CAME BACK TO LIFE!
HELP!
SIGH! I'VE LOST MY JOB AGAIN... I WASTED EVERYBODY'S TIME AFTER ALL!
BUT I DON'T UNDER-STAND...
WHERE DID THE EXTRA BODY COME FROM? DID THEY GET DELIVERED TO THE WRONG PLACE?
10 DAYS LATER.

TZ'ZHUN! SHALTIEH! DON'T SAY THAT, HOW COULD IT BE YOUR FAULT?
I MUST HAVE BEEN CARELESS... AND CAUSED MORE TROUBLE INSTEAD!
MAYA I'M REALLY SORRY!
NO.. IT MUST HAVE BEEN MY FAULT, BECAUSE I WAS SCARED... AND FREQUENTLY CLOSED MY EYES, SO I'M THE BIGGEST SUSPECT!
YOU WERE ALL WILLING TO HELP. I DON'T EVEN KNOW HOW TO THANK YOU...
NEVERMIND, LET'S NOT TALK ABOUT IT... RIGHT!
AND, THESE PAST TWO DAYS MY WAIST HAS BEEN REALLY SORE. I DON'T KNOW WHAT'S GOING ON WITH IT..
!!!
TZ'ZHUN! TOMORROW IS THE WOMEN'S PRELIMINARIES, YOU MUST BE FEELING STRESSED!
YEAH
I REALLY NEED TO PRACTICE. I'M NOT AT ALL CONFIDENT!
BUT AT THIS TIME, YOU'VE GOTTA TALK TO ME, THE PRINCE OF BOWLING!
TZ'ZHUN, NOT TRYING TO TOOT MY OWN HORN HERE!

THE FEMALE COMPETITORS ESPECIALLY, NEED TO CORRECTLY TRAIN AND STRENGTHEN THEIR MUSCLES OVER A LONG PERIOD OF TIME TO INCREASE THE STABILITY DURING THEIR RELEASE!
FOR ANY SPORT, THE WARM-UP EXERCISE BEFORE PRACTICE IS A MUST!
YOUR WAIST IS SORE BECAUSE THE MUSCLES ON YOU BACK, ABDOMEN, AND SIDES ARE NOT TRAINED SUFFICIENTLY!
YOU AMATEURS OFTEN NEGLECT THIS, THAT WHY YOU FEEL SORE ALL OVER AFTER PRACTICE!
... "AMATEURS" ...?
THIS IS THE EXERCISE TO TRAIN THE SIDE MUSCLES, PLACING YOUR LEFT HAND BEHIND YOUR HEAD POINTING OUTWARDS IN THE SAME LENGTH AS YOUR SHOULDER'S WIDTH...
THE OTHER HAND HOLDING THE BALL BEND YOUR BODY TOWARDS THE RIGHT AND BACK, THEN SWITCH SIDES, AND REPEAT 10-15 TIMES!
HERE! I'LL DEMONSTRATE
LISTEN CAREFULLY!
SIGH! THIS TEACHING IS MAKING ME TALKATIVE! LET ME JUST TELL IT TO YOU ALL AT ONCE!

LIFTING THE LEGS, AND BENDING THE KNEES!
DO BOTH 20-30 TIMES!
THE PUSH-UPS THE LADIES CAN DO ON THEIR KNEES!
THE 2 BASIC EXERCISES, SIT-UPS AND...
NEXT, THE REAL IMPORTANT STUFF! THE STRETCHING EXERCISES TO LOOSEN THE MUSCLE!
TAKE EACH MOVEMENT TO THE MAXIMUM, AND HOLD IT THERE FOR ABOUT 15 SECONDS!
OOF!
BUNNY HOPS OR FROG LEAPS!
OOF!
THESE EXERCISES ARE EASY WAYS TO TRAIN MOST OF THE MUSCLES IN YOUR BODY!
(SFX: BOING!)

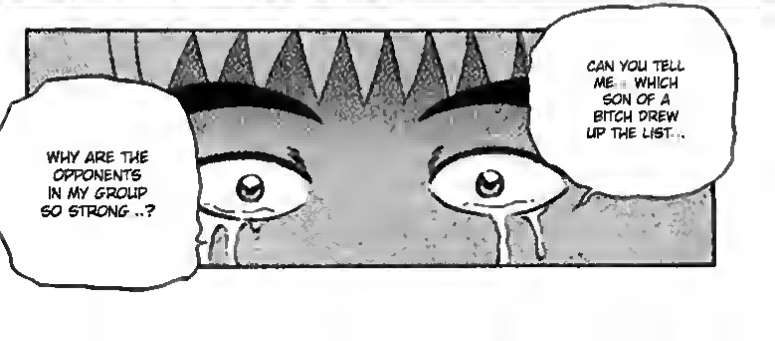
IF YOU DON'T BELIEVE ME, DO THE STRETCHING EXERCISES A FEW TIMES BEFORE AND AFTER YOU BOWL NEXT TIME, AND YOU'LL FIND OUT HOW USEFUL THEY REALLY ARE!
THESE MOVEMENTS CAN EFFECTIVELY PREVENT ANY POST-TRAINING WAIST PAIN AND MUSCULAR PAIN!
AND SLOWLY ROTATE LEFT TO RIGHT AND BACK!
LEAN FORWARD WITH YOUR BODY HOLDING THE BALL WITH THE RIGHT HAND, AND DON'T BEND THE ELBOW!
THIS MOVEMENT DOESN'T LOOK TOO DIGNIFIED FOR GIRLS!
NEXT UP IS THE EXERCISES FOR THE ARM, ELBOW AND WRIST!
HANG A SMALL SANDBAG ON A STICK AND USE YOUR HANDS TO ROTATE THE STICK AND MOVE THE SANDBAG UP AND DOWN!

THEN USE GRIP BARS TO DO GRIP EXERCISES, FOR SOMEONE LIKE ME WHO IS HANDSOME WITH AMAZING HAND STRENGTH.
500 HUNDRED TIMES AT A GO IS NOT A PROBLEM, BUT 50 TIMES IS FINE FOR NORMAL PEOPLE!
(SFX: PAH! PAH! PAH! PAH!)
SHALTIEH! YOU'RE SO GOOD! YOU KNOW SO MUCH!
YOU'RE AS DEDICATED AS A PROFESSIONAL PLAYER NOW!
A ROUND OF APPLAUSE FROM EVERYONE, PLEASE!
THAT CONCLUDES THE PERFORMANCE!
05!
ALTHOUGH THE STRETCHING EXERCISES I KNOW AREN'T THAT EXAGGERATED, BUT YOU DO MAKE SOME SENSE, SO I'LL TRY THEM LATER!
(SFX: PAH!)
HAVE YOU NO SHAME!?
.....
I'M BEGINNING TO BE VERY PROUD OF MYSELF FOR FIGURING OUT SO MUCH BY MYSELF!

I TAUGHT ALL THAT STUFF TO YOU, AND YOU HAVE THE NERVE TO SAY YOU FIGURED THEM OUT YOURSELF!
COACH JAMES!
.....
AH HA.
HEH...
DID I SAY THAT? I DON'T REMEMBER!
THE DRAW FOR THE PLAY-OFFS HAS BEEN MADE!
SHALTIEH! YOU BETTER PULL UP YOUR SOCKS AND PRACTICE, THE PLAY-OFFS FOR THE GOD'S HAND CUP ARE IN TWO DAYS!
EVERYBODY PLAYS TWO GAMES, THE ONE WITH THE HIGHEST TOTAL SCORE WINS AND GOES THROUGH TO THE FINAL!
THE PLAY-OFFS PITS THREE COMPETITORS AGAINST ONE ANOTHER!

THE OTHER TWO ARE ELIMINATED!
.....
MR. J! NO WORRIES! MY BODY IS IN OPTIMAL CONDITION! WITH THE HARD WORK PUT INTO TRAINING,
.....
IT'S NO PROBLEM GETTING INTO THE FINALS! YOU SHOULD HAVE SOME CONFIDENCE IN YOUR APPRENTICE!
IT'S BECAUSE YOU'RE A SIMPLE-BRAINED GUY THAT I'M EXTRA WORRIED!
DO YOU KNOW WHO IS IN YOUR GROUP!?
WEIZE LIU AND...
SUHNSHYON TZANG!
I SAID YOUR OPPONENTS ARE WEIZE LIU AND SUHNSHYON TZANG!
COACH JAMES! CAN YOU REPEAT YOURSELF, I DIDN'T HEAR PROPERLY!
.....

BETWEEN THE THREE OF YOU ONLY ONE PERSON CAN GET INTO THE FINAL!


CAN YOU TELL ME... WHICH SON OF A BITCH DREW UP THE LIST...
WHY ARE THE OPPONENTS IN MY GROUP SO STRONG ..?